

GB Online Activity Ideas

Meeting online is never quite the same as doing it in person, but it's a great way to keep connected with our GB members and there are lots of activities that you can do online which count towards the girls' badgework!

Here are some ideas to get you started. If an activity is working well for your Company, please let us know and we will add it to this list.

Please read the GB Online Activity Guidelines before planning any online classes.

Physical Activities

Dance/PE Classes

It may be possible to teach some of your usual dance/PE classes using online technology. It's important that the teacher has a good set up so that she can be clearly seen and heard.

Let parents know what you have planned so they can ensure that they have cleared a space and put their laptop/phone in a safe place where it can be viewed.

Physical Skills

Focus on activities that develop specific physical skills that will benefit the girls when they get back to usual classes. On the spot exercises might work best for girls who don't have a lot of space at home.

Fitness – Balance – Flexibility

Independent Physical Challenges

Challenge the girls to cycle/swim/ hike a certain distance in a week and report back on their achievements.

Spiritual Activities

Tiny Tots & Explorers

There are countless animated bible stories available online for younger children. Check out [Kid's Corner](#) or the [Bible Society](#).

You can watch a video together with your girls or send a link to parents and ask them to watch it with their children before joining the online class for further prayer and discussion.

NB Always watch a video from start to finish before deciding to share the link to ensure it is appropriate.

Juniors & Seniors

The Scripture Programme and Chaplain's Assignment for 2020 are available on the Leaders' Area of the GB website. The theme is God Cares for Me and it focuses on wellbeing, gratitude and taking time out.

Many of the discussion activities can be done online, and worksheets could be sent to parents in advance for girls to complete at home.

Tip: Zoom allows you to create smaller "breakout rooms" to better enable discussions with smaller groups of girls. However, only use this if you have enough adults to supervise each smaller group of girls.

Brigaders

The Brigader Scripture Course is also available on the GB website.

GB in England and Wales run a blog called KoKo which stands for Keep On Keeping On. They tackle lots of important issues for young women that could be used as discussion starters with your Brigaders.

[Koko Blog](#) – [Koko YouTube](#)



Education Activities

Arts, Crafts, Baking or Cooking

These kinds of activities can be easy for girls to follow along with at home. Send a list of materials to parents in advance so that they can be ready.

If funds allow, you could put together a kit to send out to each girl with all the materials needed.

Singing

Singing is high-risk in groups, but we can safely teach songs for girls to sing at home. From fun action songs, to hymns or pop songs, this is a great activity to get everyone involved.

Tip: Consider muting some or all the girls' mics if you are getting a lot of noise and feedback. Select one or two teachers to keep their sound on.

Drama

Try out some improv scenes. Give the girls a situation and to act out.

Give them 5 minutes to find costumes or props in their home.

Give girls one sentence to start with and each person must add the next sentence to keep the story going!

Tip: Faces show up in different orders on each screen. For activities where girls take turns, the leader should call out the name of who is up next.

Health & Beauty

Have a pamper night, watch some make up tutorials together and learn about important aspects of hair or skin care.

Book Lover

Girls are given 5 minutes to deliver a book review of their recent favourite.

Guest Speakers

Invite a guest speaker to teach the girls about nature studies, safety, photography etc. They can learn the theory and ask all their questions in preparation for a practical session.

GB in other countries

Girls can research GB international and learn about other countries online. Consider linking with a GB Company from the country they are researching and holding a joint meeting to find out more about their country. Contact HQ for support in making international links.

Service Activities

Pet Care

One person introduces their pet on screen and explains all that is involved in taking care of them. They could also take a tour of their home showing the animal's bed, food, where they exercise etc.

World Issues

Topics such as including people with additional needs, learning about endangered species, poverty etc. can be introduced during online classes.

Consider having a guest speaker, find relevant videos to watch together, do quizzes to see how much people know about the issues.

Your Turn To Speak

Give each girl a turn at leading a section of the online class and practice her public speaking skills.

Young Traveller

Use online tools to plan the imaginary holiday the girls would like to take when it is safe to do so.



General Activity Ideas

Quizzes

Individually or in teams, quizzes are a great way to learn new things and have fun. Make up questions yourself, or try online tools such as Triviamaker.com or Kahoot.com

Zoom In

Take pictures of household items really close up and get girls to guess what they are.

Alternatively, get everyone to send in a photo of their hand, ear etc. and see if you can figure out who it belongs to.

Get to know your Leaders

Leaders submit a baby picture, or a random fact about themselves, and girls have to try and match them to the correct leader.

Who's Missing?

Bump one person to the "waiting room" and see if everyone else can figure out who has disappeared.

What's Changed?

One person is chosen, she stands in front of the camera clearly for 10 seconds, then steps out of view and changes 1-5 things about her appearance and comes back. See who can spot what has changed.

Secret Dancer

Put one person in the waiting room and nominate a dance leader. Everyone must copy the actions of the leader. Bring the person back from the waiting room and see if she can figure out who is leading the dance.

I-Spy

Play I-Spy based on what can be seen in people's backgrounds

Charades

Play charades and see who can guess.

Reverse Charades

One person puts their head down and you hold up a word to everyone else. They all act out the word and see how quickly she can guess it.

First Person To...

Call out some silly tasks such as put on your coat, put three toilet rolls on your head, etc. and give points to the first person to complete them.

Scavenger Hunt

A great way to keep younger members busy. Give them a challenge to bring back one item for every letter of the alphabet, or for every colour of the rainbow, etc.

Ensure to build in 5 minutes for them to return all the items so parents don't have to tidy up after!

Superhero

Turn yourself into a superhero in 5 minutes, find a costume and decide your superhero name and what kind of superpowers you would have.

Whiteboard

Zoom has a group whiteboard function that can be used for Pictionary, Hangman, or Tic Tac Toe.

Try drawing a group picture, each person can add one item!

Would You Rather...

Be a cat or a dog?

Be able to fly or breathe under water?

There are lots of [lists of these](#) online!

Photograph

Girls act out a still scene from a movie, famous painting etc.

