

The Girl's Brigade Ireland

BRIGADER & ASSOCIATE TEAMWORK 2020-2021

MUSIC: LITTLE BIRD, LOUISE DEARMAN (Cut)

APPARATUS: STICKS Length of stick used to suit each individual girl. Look at the way the stick is used in the set and ensure the sticks you are using enable the girl to execute all the moves correctly.

SP: Sticks in each corner of room for Associate, and corners/cross for Brigaders.

Associate Girls at the back of floor in a spaced out line across, feet together, hands behind back, head down.

1 2 3 4

Brigader girls in diagonal \ facing the back, arms by side, head down.

| COUNTS | Blue Associates. Pink Brigaders. | TEACHING POINTS |
|--------------------------------------|---|--|
| 1-2 3-12 1-4 | <p>Wait 1 head up slowly up on 2</p> <p>Eight walks up the floor in total and kneel down RL to end in diagonal across \</p> <p><u>Girl 1</u> does two walks, kneel RL and lower body and head down</p> <p><u>Girl 2</u> does four walks kneel, <u>girl 3</u> does six kneel, <u>girl 4</u> does eight kneel</p> <p>In cannon head pops up with hands shoot out low with hands shaking, body still low, G1, G2, G3, G4</p> | <p>Eye line up, inspirational walks</p> <p>sharp</p> |
| 1-4 5-12 | <p>Wait 1 2 3 4</p> <p>Cannon in two's with arm circle turn to face the front, R over L, kneel RL lower body down, arms behind, head down.</p> <p>In cannon head pops up with hands shoot out low with hands shaking, body still low, G1/2, G3/4 G5/6, hold</p> | <p>Big Circle</p> |
| 5-8 9-10 11-12 13-16 1-2 | <p>With palms splayed reach both hand down to come up out by side over head body lifting up tall, head looking front to hands over head</p> <p>With lean back and palms still wide, extend R hand and pull L back at bit, head looking to R hand high.</p> <p>Small change change</p> <p>Repeat reach lean back with L and change, change</p> <p>Extend R leg out to the side, with arms coming out to side and up and over, left arm high over head in 5th position leaning, R lower in Bras Bras</p> | <p>push to come up</p> <p>wide hands</p> |

The Girl's Brigade Ireland

| | | |
|--------|--|-----------------|
| 3-4 | Reach over | |
| 5-8 | Reach down to come back up with hand in 5 th position inverting out and pushing back to body and head down low | |
| 9-16 | REPEAT TO L SIDE L leg extending out | |
| 1-4 | Transfer weight onto R leg out in front foot turned out and hands out in small diagonal palms up reaching forward, pushing forward twice | |
| 5-8 | With both arms big circle up and out to stand up on demi point and lower down, finger tips on ground | |
| 9-12 | Coming up slowly with four shoulder rolls, RLRL | |
| 13-16 | Feet 2 nd position and small pile with big head roll to the L with hands extended downwards palms splayed | big circle |
| 1-2 | Looking to L side, R fist to across eyes L fist behind back while stepping R leg across to L side-low legs, L foot tipping in behind turned out | keep low |
| 3-4 | Two steps in 2 nd position to looking front and high on demi point hands low diagonal, palms splayed | eye line up |
| 5-8 | REPEAT TO R SIDE | |
| 9-12 | Four long walks, R arm leading palm up, L on waist | dramatic |
| 13-16 | Swift run to stick, ending on demi pointe, 5TH position R foot in front, arms poised | |
| 1-3 | Hands into prayer position pushing up high and out and down to finger tips on ground | strong teamwork |
| 4-8 | Reach for stick in both hands, pointing R leg forward dragging down over leg and up body to high over head | keep together |
| 9-16 | Stepping onto demi pointe, turning into each other with big push of stick down to chest, run to new position facing the back spaced A 1,2,1 B 1,2,3 | |
| 1-8* | Four cross and pointes, R over L, stick going chest low twice, chest high twice. Head looking to leg on low and high when up high. | |
| 9-12* | Stepping on R, Four strong low strides forward, stick low to high | |
| 13-15* | Four walks backwards, stick from high out and down | stride it out |
| 16 | Turn to face the front by R, stick at chest | leave head |

The Girl's Brigade Ireland

| | | |
|--|---|-------------------|
| 1-16 | REPEAT * facing the front but don't turn at end stay facing front | use head |
| 1-8 | Feet together, with knee bend, swing stick to R low diagonal, L low diagonal, small circle, back to R low diagonal | |
| 9-16 | REPEAT starting other side | |
| 1-8 | Stepping feet to wide second, with big movements and good use of pile, sway body and swing stick to R side, L side and full circle around coming up onto demi pointe and swaying back out to R side. | big body work |
| 9-16 | REPEAT starting to L side | |
| 1-4 | Moving to the R side, stepping on R, step across step tap with left leg extended out while stick is in R hand swings out to left up high, flick of wrist and full circle of stick to end extended out at R side | |
| 5-6 | Tap stick out and up | |
| 7 | Tap stick down and small release catch | small |
| 8 | Both hands extended, palms splayed reaching out to the side | show the still |
| 9-10 | Step turn to the L with both hands hold stick coming into chest | |
| 11-12 | Bend upper body, head down | |
| 13-16 | Four marches pushing both hands up and out | pointe toes |
| 1-4 | In cannon 1234 OR 246 hold transfer weight (slight spring) onto R bent leg, L extended out to the back, stick down at front, one hand on top one holding stick, elbows out, head looking forward | Sharp |
| 5-8 | Arabesque while extended left leg and straightening R leg, hands join | |
| 9-12 | Develope L left turned out to the front and kick stick onto shoulder | |
| 13-16 | Four walks backwards, stick comes in front of chest in both hands on last count | walk with purpose |
| CHOURS- girls moving up the floor | | |
| 1-4 | Two step ball changes RL, stick swinging RL | big energy |
| 5-8 | With body dipping forward, transfer weight forward on R, left foot turned out tucks in behind and come back feet together body straight, cane swinging out to R side and full circle in by body | dip body |

The Girl's Brigade Ireland

| | | |
|---------------|---|-----------------------|
| 9-16 | REPEAT other side finishing feet together | |
| 1-4* | Two push to high diagonal R and L | |
| <u>5-7*</u> | Jump feet out to 2nd-cane at chest level, jump feet in-cane in to chest, jump feet out to 2nd-cane chest level, | sharp |
| 8 | Cane extends downwards to bang the floor. | |
| 9-12 | R foot extends out to R side with strong shoulder epaulement and head looking to R corner, REPEAT L | |
| <u>13-16*</u> | With cane staying on floor circling, Step back on left, step back on R, step forward to face L front diagonal, tap R foot with cane bang | |
| 1-8 | Stepping on R four sharp flick kicks, high or low as long as together, style out the upper body. Stick taps down four times; tap kick tap kick tap kick | with style |
| 9-12 | Swing stick across body in close to L and R, feet step back back, forward forward. LRLR to end stick tuck in under R arm | |
| 13-16 | Four toe taps, low twice, high twice with shoulders moving in opposition body moves low low high high | jaunty |
| 1-6 | Holding stick at ends moving low down at R side to high 6 pivots around by R to end two facing the front, two facing the back. Two facing the front, two facing the back, two facing RL side | strong team work |
| 7-8 | Feet together, stick pushes high over head and back to chest | |
| 9-16 | One fly hop, two petit jete's, repeat. Stick moves low to thighs and back to chest on fly hops. BRIGADERS move on this to have two lines of three down the floor facing the back ASSOCIATES move, two at top of floor two at bottom of floor on last count turn by R to face front or back in gaps | neat feet |
| 1-64 | REPEAT CHOURS- BRIGADERS turn in to face each other on counts 1-4* (Two push to high diagonal R and L) and face the front on counts <u>13-16*</u> (With cane staying on floor circling, Step back on left, step back on R, step forward to face L front diagonal, tap R foot with cane bang and continue chorus facing the front moving the fly hops to form diagonal / ASSOCIATES girls that are facing the back turn to front on <u>5-7*</u> (Jump feet out to 2nd-cane at chest level, jump feet in-cane in to chest, jump feet out to 2nd-cane chest level) and move on fly hops to form / | together clean |
| 1-16 | In cannon; Stepping back back together together on LRLR with stick in R hand swinging it down to L then R and tucking it under R arm, kneel RL body lower, head down. | |

The Girl's Brigade Ireland

| | | |
|--------------------|---|-------|
| 1-16 | GIRL 1- Just kneel kneel, lower body through the music while G234 all swings stick and steps | |
| 1-16 | GIRL 2-swings stick with steps once, kneel kneel lower through music while G34 both swings stick and step | |
| 1-16 | GIRL 3-Swing stick and steps twice, kneel kneel lower through music while G4 swings stick and steps | |
| 1-16 | GIRL 4-Swing stick and steps three times, kneel kneel lower body | |
| 1-16 | GIRL 1 2- Just kneel kneel, lower body through the music while G3456 all swings stick and steps | |
| | GIRL 3 4 -swings stick with steps once, kneel kneel lower through music while G56 both swings stick and step | |
| | GIRL 56-Swing stick and steps twice, kneel kneel lower through music head down | |
| last beat of music | <p>Body still low, stick under arm, All heads pop up, L hand shaking.</p> <p>PLEASE LEAVE THE FLOOR NEATLY!</p> <p><i>I hope the girls enjoy this teamwork and you enjoy teaching it. See you all soon I hope.</i></p> <p><i>Ruth Berkeley, August 2020</i></p> | SHARP |